

Notices of Non-Discrimination and Availability

Discrimination is Against the Law **Cascading Hope, PLLC**, complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex (consistent with the scope of sex discrimination described at 45 CFR § 92.101(a)(2)) (or sex, including sex characteristics, including intersex traits; pregnancy or related conditions; sexual orientation; gender identity, and sex stereotypes).

1. **Cascading Hope, PLLC** does not exclude people or treat them less favorably because of race, color, national origin, age, disability, or sex
2. **Cascading Hope, PLLC**, provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us, such as: Qualified sign language interpreters, Written information in other formats (large print, audio, accessible electronic formats, other formats). Provides free language assistance services to people whose primary language is not English, which may include: Qualified interpreter.
3. Information written in other languages. If you need reasonable modifications, appropriate auxiliary aids and services, or language assistance services, contact Misty White, LPC. If you believe that **Cascading Hope, PLLC** has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: **Your Therapist's First and Last name at Cascading Hope, PLLC,**

8774 Yates, Dr. Suite 135

Westminster, CO 80031

303.335.5126, cascadinghope@gmail.com.

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Misty White, LPC of **Cascading Hope, PLLC** is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue, SW Room 509F, HHH Building

Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>. This notice is available at cascadinghope.com